



SPROUT CAMPUS

Weekly Skills Development Schedule

WEEK 7 | THEME: OPPOSITES | AGE: 3 & 4 YEARS



GUIDELINES

The purpose of this letter is to give you, the parent/guardian, a quick overview of the topics we are covering week by week. The activities mentioned are just one of many we present in class. Please use this letter as a guideline to continue the fun at home. Emphasis on FUN!!!

Always use concrete examples when discussing abstract concepts to facilitate conceptualization of the information. Use only what is useful and age appropriate for this theme.

AREAS OF DEVELOPMENT **ACTIVITIES**

DEMONSTRATE THESE CONCEPTS PRACTICALLY AS YOU USE THE CORRECT TERMINOLOGY

What is an opposite? Something that is completely different than the object or action in question.



CONCEPT MAP

Showcase Objects/Actions/Sensory/Emotions that are opposites

Name a few Opposites: Big/Small, Up/Down, Under/Over, Above/Below, Tall(long)/Short, Hard/Soft, Happy/Sad, Open/Closed, Day/Night, Thick/Thin, light/Heavy, Forward/Backward, Loud/Quiet and many more

As opposites are different we as people are/may be opposites/different to each other.

(Tall/Short in height, Big/Small hands, Dark/Light skin, Long/Short hair)

Listen: Find 2 different sounds

Feel: Find 2 different textures

See: Look for 2 different actions/objects

Feel: Notice when you feel 2 different emotions/feelings

Taste: enjoy the Taste Test this week for opposing tastes

STEM

SCIENCE
 TECHNOLOGY
 ENGINEERING

Pouring water from a big bottle to a smaller bottle experiment

Perceptual Series 1 - Ice cream Sticks 4 of 7 (Free Play)

REPEAT: Move to the Djembe drum beat : Follow the tempo, hear loud/soft, move fast/slow

[Click Here: Drum Beats](#)

SENSORY INTEGRATION

Taste test series 6/6: Red Onion & Feta cheese (mildly sweet & Creamy/salty)

Monkey - antics: Copy the monkey

SOCIAL – EMOTIONAL	What is Empathy? PDF
PRACTICAL LIFE SKILLS	Bake-n-Shake: Marie biscuits & Raisins (counting & sizing)
GENERAL KNOWLEDGE	Learning the words and what they refer to : Big/Small, High/Low, Safe/ Dangerous, Fast/Slow, Loud/Quiet, Hungry/Full, Happy/Sad
BRAIN GYM/ MINDFUL MOMENT	The Owl
CALM ZONE	Breathing Series 5/6 High 5 Breathing
MANUAL DEXTERITY	Cutting Series 2/16 Straight Lines
GROSS MOTOR	Core Strength Series: 3/12 Planking/ Earth Downs
FUN & GAMES	Bat & Balloon game - Blue and Green teams keep their balloon up in the air by using a cardboard bat/ alternatively use hands
LANGUAGE & LITERACY Segmentation & Blending	Clapping syllables of Theme words Un-der, O-ver, Up, Down, Left, Right, Hap-py, Sad, O-pen, Closed, Emp-ty, Full, For-ward, Back-ward, Nar-row, Wide, Fat, Thin,
PRONUNCIATION	Pronunciation of words: Use the correct word for items: Use words from our home language that may be challenging at the current moment... <i>There are MANY more!! Please share with your children, they are open to learning. You will be surprised how much they recall and are able to pronounce!!</i>
PHONOLOGICAL AWARENESS	Pronunciation of words beginning with 'N'
	Magazines & Newspaper: Search for items beginning with 'N'
	Dotting the phonic of the week 'N' see PDF
	Tracing phonic 'N'
RHYMING & ISOLATION	Words that rhyme with : "High" (by, why, try, Hi, dry , sky, apply, guy, fly, thigh, bye) "Low" (snow, though, bow, go, no, show, tomorrow, blow, flow, glow)
EXPANDING THE VOCABULARY	THE STORY OF NUMU : Isolation: 1st sound of "N"
	The Mystery Bag, often referred to as the Stereognostic bag, The purpose of the activity is to help children develop their stereognostic senses, our ability to identify objects based on touch alone, and support their material visualization. Builds a vocabulary and understanding of object permanence in ECD.
	Objects in the bag: Objects in the bag: Hair Net, Plastic bag, Wet wipes packet, Wooden car, Metal Car, Butter knife, Apple, Toothpick(in a holder), Sensory bunny(made from different materials), Ice pack
	Theme Pictures & Word Wall PDF
	Vocabulary Expansion : Prepositions where is Teddy? PDF

I am Peace: a Book of Empathy By Susan Verde

STORY TIME

[Click Here: I am Peace by Susan Verde](#)

MUSIC TIME

Party Freeze Game - Listen and Follow

[Click Here: Party Freeze Game](#)

RHYME TIME

Taller & Smaller - Action Rhyme

CREATIVE MIND –

Flying Kite, Handprints Left/Right

ARTS & CRAFT

Free art to demonstrate skills learnt



**FOR PARENTS, CAREGIVERS &
GUARDIANS**

[Click Here: Military Mom - Deterring Bad behaviour](#)

NOTES:

Encourage independence by offering your child 2 3 chores to complete at home.